

# PIRKAN PYÖRÄILY

## SUNDAY 9.6.2024

### 1. Before the event

- Carefully read the instructions in this document.
- Take note of important phone numbers, for example, on the back of your race number or save them in your mobile phone.
- Check your equipment, bike brakes, gears, chains, and tires.
- Please note that closer to the event, it may take longer to respond to emails.
- If desired, you can download the Racemap application on your smartphone, which allows your support team to track your progress during the race (instructions for Racemap will be available on the event website during the event week).
- Race numbers should be attached to the back or outer side of the thigh. For the 217 km pace groups, the base color of the race number is pink. Joining these groups along the way is prohibited. Registration numbers (smaller stickers) should be fastened with cable ties to the bike handlebars and must be visible throughout the entire course.

**Number distribution** takes place on Saturday, June 8, at the Hakametsä Ice Arena from 3 PM to 7 PM, and on Sunday morning, June 9, starting from 6:30 AM.

Night cycling race (Yöpyöräily) numbers can also be collected from the Ice Arena on Saturday, June 8, from 3 PM to 7 PM, Sunday, June 9, from 6:30 AM to 7 PM, or on Friday, June 14, before the start, starting from 8 PM.

**GROUPS!** If one person collects all the numbers for a group, please inform the office by June 5th, by sending an email to [pirkanpyoraily@hlu.fi](mailto:pirkanpyoraily@hlu.fi).

### 2. Cancellation or Transfer of Participation

Participation in the Pirkan Pyöräily event can be canceled until payment has been made. The agreement for participation in Pirkan Pyöräily events is formed after the payment has been completed. Paid participation in Pirkan Pyöräily is binding, and the participation fee will not be refunded under any circumstances (except in the case of event cancellation).

However, the transfer of participation rights to the following year is possible with a medical certificate. The transfer can only be made one year ahead. Registration for Pirkan Pyöräily is personal, but transferring the registration to another person is possible with a separate notification (excluding registrations paid with employment benefits). However, we will charge a 5 (five) euro administrative fee for this. If you are unable to participate in the main event, you can transfer the participation right to the Night Cycling event, which will take place on Friday, June 14, by notifying us via email.

### 3. Event Venue: Hakametsä Ice Arena

The event takes place at the Hakametsä Ice Arena premises (Keltinkatu 2, 33100 Tampere). The outdoor area of the ice arena serves as the event location and finish area. On the outskirts of the ice arena premises, there is sandy terrain available for potential tent campers, and parking for motorhomes is also possible (no electrical hook-ups).

## Parking

Parking areas are located on the sandy field to the left of the ice arena (when viewed from Hervannan valtavyylä) and on the courtyard. Parking attendants will be present to provide guidance. Accessible parking is located in front of the ice arena ticket office, along the side of the building.



## Race Office

The race office is located inside the ice arena, next to the starting area. The race office also serves as a gear storage area. The office will be open on Saturday, June 8, from 3 PM to 7 PM and on the actual event day starting from 6:30 AM.

## Distribution of Juice and Sports Drink

Juice and Maxim Sports Drink are available for self-filling into your own bottles in the outdoor area of the ice arena before the start.

## Kauppahallin Kotiruoka Oy

Kauppahallin Kotiruoka prepares delicious meals before and after the race. Starting from 7:00 AM in the morning, you can purchase coffee, tea, savory snacks, and sweet treats. Upon reaching the finish line, you can enjoy a soup lunch included in the participation fee.

## Changing Rooms

The changing rooms and showers are located inside the Hakametsä Ice Arena.

## 4. Starting Times

In the starting groups, participants with higher numbers are not allowed to overtake those with lower numbers in the starting queue. However, participants with lower numbers can choose to stay behind in the queue, for example, to wait for a friend.

We recommend arriving at the venue approximately 30 minutes before your own starting time.

### Pitkä Pirkka 217 km

klo 7.20 ryhmä 36 km/h	numerot 1001–1049
klo 7.22 ryhmä 34 km/h	numerot 1050–1099
klo 7.24 32 km/h A	numerot 1100–1149
klo 7.26 32 km/h B	numerot 1150–1199
klo 7.28 30 km/h A	numerot 1200–1249
klo 7.30 30 km/h B	numerot 1250–1299
klo 7.32 28 km/h A	numerot 1300–1349
klo 7.34 28 km/h B	numerot 1350–1399
klo 7.36 ryhmät ilman keskinopeutta 2 minuutin välein, 30 hlöä/ryhmä, max 7 ryhmää	numerot 1400 -1699
klo 7.50 Rynkeby-ryhmät	numerot 1700 -1989

### Klassikko 134 km

klo 8.00 lähtöryhmä 1 alle 5 h	numerot 2150–2650
klo 8.15 <b>HiekkaPirkka</b>	numerot 2000–2149
klo 8.20 lähtöryhmä 2 alle 6 h	numerot 3000–3400
klo 8.35 <b>MestariPyöräilijät</b>	numerot 1–330
klo 8.40 lähtöryhmä 3 alle 7 h	numerot 4000–4400
klo 9.00–9.40 lähtöryhmä 4 ei tavoiteaikaa 2 minuutin välein, 30 hlöä/ryhmä, max 20 ryhmää	numerot 5501–6989

Rullaluistelijat klo 8.00 ja Kickbiket klo 8.40 lähdoissä

Klo 10.30 <b>Pirkan Pyhä 40 km</b>	numerot 7201-7400
Klo 10.45 <b>Lilliputti 4 km</b>	numerot 7700-7899
Klo 10.55 <b>Soveltava Pyöräily 10 km</b>	numerot 7900-7999

## 5. Routes

### Pitkä Pirkka and Klassikko

Pitkä Pirkka and Klassikko routes will once again pass through the Rantatunneli tunnel. The start is at the Hakametsä Ice Arena, and the route follows Hervannan valtavyöly and Kekkosen tie straight into the tunnel. The right lane in the tunnel is reserved for cyclists.

Traffic controllers ensure the safety of the route at the ramps and direct merging car traffic to the left lane. The speed limit is also reduced. However, cyclists must exercise caution, especially at the ramps, and strictly stay in their own lane. Overtaking and stopping on the right side of the tunnel are prohibited. Speeds increase unnoticed at the beginning of the downhill section, so maintain a safe distance from other cyclists.

After the tunnel, at the first traffic light-controlled intersection of Porintie, ride in the middle lane (signs indicate Vaasa, Ylöjärvi). Do not use the right lane designated for Harjuntausta.

All traffic light-controlled intersections have flashing yellow lights during cycling; be cautious at intersections! Follow the instructions of traffic controllers.

The routes are marked with red and white Pirkan Pyöräily signs and yellow Pirkan Pyöräily tape. Pirkan Pyhä also uses landmarks. On long rides, cyclists mainly use the right edge of the roadway (slower riders can also use pedestrian paths), while on Pirkan Pyhä, cyclists generally use pedestrian paths.

NOTE: The finish line has changed from previous years, so please pay attention to the final part of the route! The new finish line is signposted, and there are traffic controllers present to guide the traffic.

### **Special Notes for Pitkä Pirkka**

There are some specific details for the average speed groups in the Long Pirkka:

- The 34 km/h group deviates from the main route and goes through Parkano (total distance of the loop is 240 km).
- The 32 km/h B-group travels through Karhee and Viitapohja.

### **Pirkan Pyhä**

Pirkan Pyhä does not pass through the Rantatunneli tunnel. The route follows the pedestrian and cycling paths to Santalahti. From there, the route continues along the scenic route of Lake Pyhäjärvi to Pirkkala and then towards Hatanpää. The finish line is located at Hakametsä. The route is well marked!

Part of the Pirkan Pyhä route includes gravel roads. Especially in the Pirkkala area, some residential streets are used instead of separate pedestrian and cycling paths. In addition to the yellow Pirkan Pyöräily plastic ribbon and red-and-white signs, there are also painted markings on the ground at intersections.

NOTE: The blue markings on the route are not related to Pirkan Pyöräily but are city markings. Please do not follow them; instead, follow the Pirkan Pyöräily signs. General traffic rules apply on the route, and participants do not have priority over other road users. Please wait for green lights at traffic intersections.

### **Lilliputti 4 km**

Lilliputti takes place in the Kaleva neighborhood, passing through a green area including the Kaleva swimming center. There are activities, a bicycle depot, and a service point in the traffic park.

### **Soveltava Pyöräily 10 km**

Soveltava pyöräily follows the pedestrian and cycling paths along Kissanmaankatu, Teiskontie, and Aitolahdentie, and then proceeds on Sammon valtatie to Hakametsä. There is one service point along the route. The route is approximately 10 km long, and the departure is from the parking area of the ice rink at 10:55 am. There will be Varala Sports Institute students assisting cyclists along the route.

## **6. Important phone numbers along the way**

Bike Maintenance: 0400280090

Interruption Transport: 0504086111 (If you leave the route with your own transport, please inform us of your interruption.)

Service shops are on standby along the route, ready to assist. The labor is free of charge, but used materials will be billed. Electric bikes will not be repaired or charged along the way. After the last riders, a follow-up car will travel the route, removing signage and assisting those who are fatigued. If you deviate from the route, ensure that the follow-up car does not pass you by.

## 7. Service points

Pitkä Pirkka (217 km) has a total of 8 service points, Klassikko (134 km) has 5 service points, and the Pirkan Pyhä, Lilliputti, and Soveltava Pyöräily have 1 service point each. At the service points, drinks and energy supplements are available. The menu is lactose-free. Gluten-free and vegetarian diets are accommodated upon request.

The offerings at the service points include:

- Drinks, such as water, sports drink, and juice.
- Energy supplements, such as energy gels, energy bars, and bananas.
- The menu is lactose-free.
- Gluten-free options are available upon request.
- Vegetarian options are available upon request.

### **Pitkä Pirkka 217 km**

Hämeenkyrö / Mihari	Water, juice, sports drink, raisins
Hämeenkyrö / Frantsila	Water, juice, sports drink, chocolate bar, banana
Komi / Päivölä	Water, juice, sports drink, energiy gel, pickled cucumber, coffee, warm soup

### **Klassikko 134 km, HiekkaPirkka 177 km & Pitkä Pirkka 217 km**

Mutala	Water, juice, sports drink, raisins
Kuru	Water, juice, sports drink, energy gel, banana, coffee
Murole	Water, juice, sports drink, blueberry soup, pickled cucumber, crisp
Terälahti	Water, juice, sports drink, chocolate bar, pickled cucumber
Aitolahti	Water, juice, sports drink, raisins

### **Pirkan Pyhä 40 km**

Rantaniitty	Water, juice, sports drink, chocolate bar, raisins, banana
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### **Soveltava Pyöräily 10 km**

Along the route	Water, juice, chocolate bar, raisins
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### **Lilliputti 4 km**

Along the route	Trip-juice, chocolate bar, raisins
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All service points also have a first-aid trained person. The Komi service point is located on the left side of the road, so please be extra careful when turning towards the service point!

Remember that the garbage bins at the service point are also for disposing of any trash generated along the way, such as empty gel packets. The Pirkan Pyhä aid station also features Kahvila Seela!

## 8. Personal vehicles

Using personal support vehicles on the route is not recommended. The Pitkä Pirkka service points can be reached by car at Hämeenkyrö (in the yard of Frantsilan Kehäkukka, Yrjö Koskinen road 1) and Komi (in the yard of Päivölä Manor, Komintie 215).

For the Klassikko route, the locations of the Kuru and Terälahti service points are considered dangerous in terms of traffic, so we kindly ask to avoid unnecessary driving near these service points.



## 9. Upon reaching the finish line

The completion of the race will be confirmed by scanning the barcode on your race number upon finishing. The barcode for Master Cyclists can be found on the registration plate. All participants who finish the race will be rewarded with a Pirkan Pyöräily medal.

The medal does not have a pre-engraved year, but you can have it engraved at the race office. This year, it is also possible to return the medal to the race office and donate €1.5 to charity.

Those who have completed the race 20 times will be named Master Cyclists and receive their own red bib number. Participants who have completed the race ten times can purchase a gold-plated medal with a case from the race office (€10), and those who have completed the race five times can purchase a silver medal (€7). Next to the race office, there is a sales point where you can buy Pirkan Pyöräily and Pirkan Kierros merchandise.

## Raffle among all participants

The raffle winners' list can be found at the race office. The list is valid only on the day of the event, and prizes must be claimed immediately upon presenting your race number. Therefore, please check after reaching the finish line to see if you have won.

Lists of all participants who have crossed the finish line will be published on our website during the week following the event.

## 10. Safety and Accidents

Participants do not have priority over other traffic; they must adhere to normal traffic laws.

Please remember to:

Maintain a safe distance between vehicles.

Follow the instructions of the police and traffic marshals throughout the entire route.

Cyclists should ride on the right-hand side of the road, exercising extra caution.

Wearing a helmet is mandatory.

Turva Insurance's accident insurance covers any accidents that occur during the event. To be eligible for compensation, medical treatment must be initiated within 14 days of the accident. Participants are encouraged to have their own insurance coverage for their bicycles. In the event of an accident, please request the insurance policy number from the race office.

In cases of serious accidents, contact the emergency number 112 and inform the race office at 044 774 8821

### **Additional Information about Pirkan Pyöräily**

The Pirkan Kierros office is available by appointment at Kuntokatu 17, 33520 Tampere.

Phone: 044 774 8821

Email: [pirkanpyoraily@hlu.fi](mailto:pirkanpyoraily@hlu.fi)

Website: [www.pirkankierros.fi](http://www.pirkankierros.fi)